



Welcome to the *Combined Edition* of **Women's Bible Study**

A Ministry of Autumn Ridge Church

January 20, 2010
The Heart's Cry
for Deliverance

Today's teaching lecture
from *Daniel 2: 14-23* is by
JANN WRIGHT

Dear Friends,

We are in our second week of our series, *The Heart's Cry: A Heartfelt Look at Prayer*, and I've been surprised how many of you have mentioned that you're coming specifically because of the topic. I think many of us are fascinated by prayer and long to learn what we can from scripture about how prayer works.

What we do know is that it does work. In today's passage, from Daniel 2, we see Daniel praying for deliverance in a situation that required divine intervention. It would be easy to assume that Daniel was praying this way just because no one WANTS to die a horrible death at the hands of professional executioners. Yet we see from his prayer of thanksgiving that Daniel is concerned that the glory and goodness of God be made known throughout the pagan court of Babylon. Listen carefully today as Jann Wright explains how to pray like Daniel.

Jann also brings out the important point that each week of this series is not an unrelated story, but rather, each can be viewed as a progressive chapter which reveals something of the mystery of prayer to us. It's our hope that these studies will build on each other so that we walk away at the end with a much richer understanding, and a better personal experience, of prayer.

By the way, a researcher named Dr. Cliff Arnall has determined that January 18, 2010, is the most depressing day of the year, based on measurements such as lack of sunlight, cold temperatures, post Christmas debt, and other factors. So take heart...it's January 20 today! We're past the low point! And remember that one of the best antidotes to sadness is prayers, especially prayers of thanksgiving for what we have.

I hope that today is a bright spot in your week.

Warmly,

Gretchen Steer

ANNOUNCEMENTS

Sweets for the Soul, A Retreat For Women, will take place **February 19-21, 2010**, in Trego, WI. The Guest Speaker is Teresa Rinker of Healing Hearts Ministries and the worship leader is ARC's own Mollie Baker. You can register online at https://autumnridgechurch.ccbchurch.com/app/w_form_response.php?form_id=75.

Devoted Hearts' annual women's conference is April 23-24, 2010, at Autumn Ridge. This year's theme is "The Treasure of Truth" and the keynote speaker is Jan Silvius. Friday evening will feature a special concert by the five-time, GMA Music Award-winning group Selah. Meredith Andrews will lead worship throughout the weekend. Tickets are available at Christos Book Center or for additional information or group registration visit www.devotedheartsrochester.com.

Next week's teaching on *The Heart's Cry for Obedience* is from Luke 22:39-44.

Please begin discussing where your groups will meet on February 3 for the small group gatherings. If you want to meet on-site please let Michelle Johnson know to request and reserve a room for your group.

Don't forget all of our weekly materials are available online: Announcement/outline page, discussion/study questions, and the printed lecture notes are available at: <http://autumnridgechurch.org/adult/women/womens-bible-study.html>. If you have questions during the week please Contact Michelle Johnson, ARC Women's Ministry and WBS Administrative Assistant at 288-8880 or marthatooh@hotmail.com or e-mail us at wbs@autumnridgechurch.org.

Inclément weather policy reminder: If the Rochester Public Schools are canceled or start late on any Wednesday, WBS AM AND PM are both cancelled for that day. Check the website for updates or contact us at wbs@autumnridgechurch.org if you have any questions.

If you are ***new to Women's Bible Study today***, please visit us at the registration table so we can place you in a small group (AM) or at a table group (PM).



The Heart's Cry for Deliverance

Daniel 2:14-23

Jann Wright

Praying Like Daniel

I. Prepare

II. Ponder

III. Persevere

IV. Practice

PRAYERS FOR DELIVERANCE

Psalm 17:1-8

*Hear, O LORD, my righteous plea:
listen to my cry.
Give ear to my prayer -
it does not rise from deceitful lips.
May my vindication come from you;
may your eyes see what is right.*

*Though you probe my heart
and examine me at night,
though you test me,
you will find nothing;
I have resolved
that my mouth will not sin.
As for the deeds of men -
by the words of your lips
I have kept myself
from the ways of the violent.
My steps have held to your paths;
my feet have not slipped.*

*I call on you, O God,
for you will answer me;
give ear to me and hear my prayer.
Show the wonder of your great love,
you who save by your right hand
those who take refuge in you
from their foes.
Keep me as the apple of your eye;
hide me in the shadow of your wings...*

2 Kings 20:2-3

*Hezekiah turned his face to the wall and
prayed to the Lord, "Remember, O LORD,
how I have walked before you faithfully and
with wholehearted devotion and have done
what is good in your eyes."*